



SELS Oporto on Business Law - Social & Cultural Programme Information

Below, you will find further information about the unique activities we plan for our Participants to ensure they get the "full Porto experience".

Cultural Tours - Guided tours will take participants on a journey through Porto's rich cultural heritage, exploring iconic landmarks such as the Porto Cathedral and the historic Ribeira district.

Wine Tasting - As Porto is synonymous with port wine production, participants will have the chance to indulge in wine-tasting experiences at local cellars along the Douro River, where they can sample various port wines and learn about the region's winemaking traditions.

Culinary Experiences - Food plays a central role in Porto's culture, and participants can savour authentic Portuguese cuisine through culinary workshops, tasting sessions, and guided food tours, where they can sample regional specialities such as bacalhau (salted codfish), francesinha (a hearty sandwich), and pastéis de nata (custard tarts).

Fado Night - Fado, Portugal's soulful musical genre, captures the essence of longing and saudade (nostalgia), and participants can immerse themselves in this evocative art form during a fado night experience at a traditional tavern, where they can enjoy live performances accompanied by heartfelt vocals and soul-stirring melodies.