

S&C NEWSLETTER

January, 2021



elsa

The European Law Students' Association

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INTRODUCTION



Dearest S&Cers,

2020 has been a challenging year for all of us. Countless of hours in front of the computer screen, staying locked in our homes for months and minimum physical interaction has been our new way of living. Now, in 2021 we know better how to adapt to this new reality and how to connect with each other during these challenging times.

You may probably wonder how 2021 is going to look like. However, this is not the point. The real question is who **WE CHOOSE TO BE in 2021**, what we want to achieve and how we can help each other grow.

Whatever 2021 brings to us, I really hope we all keep staying positive, passionate and kind.

- *Your S&C Mama, Ilke*

Association Activities

It's important to be well aware of what is happening in not only the best area *cough* S&C *cough* but also other fields of activities. Therefore, I would like to dedicate this page of S&C Newsletter to general Association Activities.

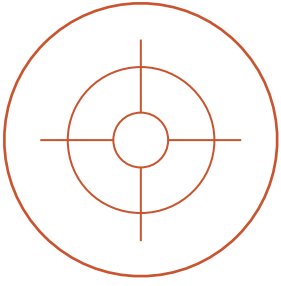
- 🚩 **The 5th edition of the Summer ELSA Law Schools Training Weekend** took place between 15-17th of January with more than 50 Organising Committee Members.
- 🚩 **The Market Research** has been launched the first time after 8 years. You can find link for [ELSA members](#) and [non-members](#) here. Sharing is caring!
- 🚩 **The I International Strategy Meeting** is officially happening! The [Working Materials](#) have been shared with the Network and we are all looking forward to seeing you there from 10 to 14 February!





BECOMING BETTER

In the following pages, some important short tips will be presented, In order to make your S&C tasks easier!

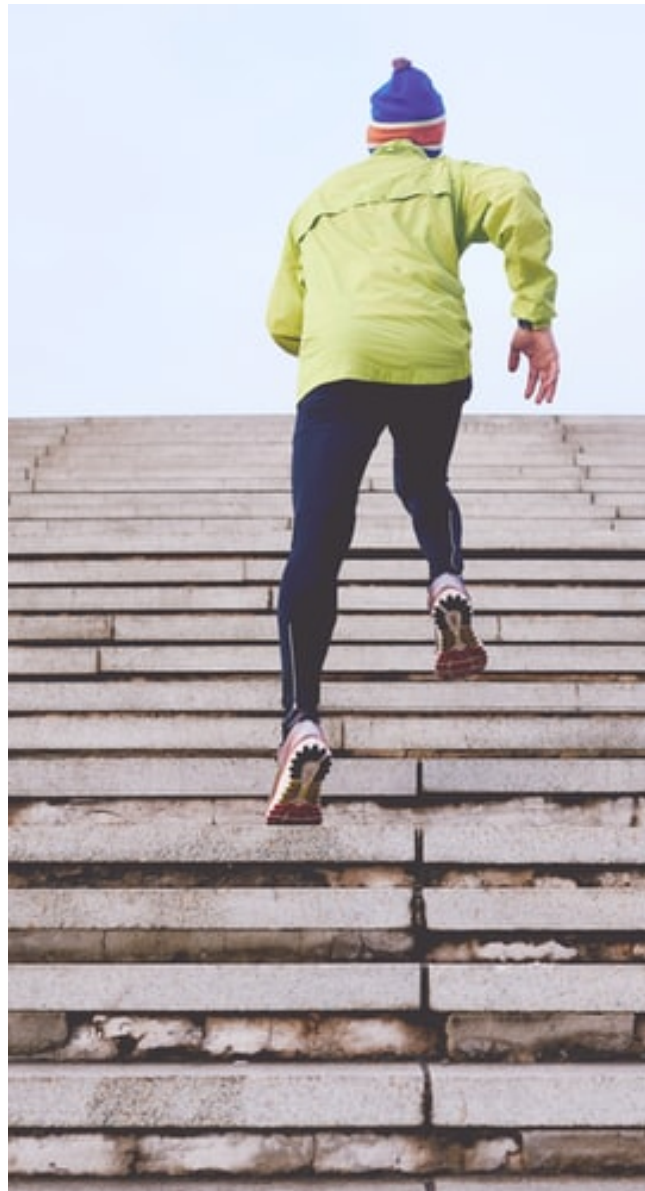


How to Keep Going?

Let's be honest, we all struggle time to time to do even our daily tasks, not to mention all the ELSA stuff. We might feel burned out whilst challenged by constant procrastination and lack of motivation. Let me tell you something, it's totally fine! We are all humans, not heartless robots (sorry the Tin Man from the Wizard of Oz!), and it's okay to feel consumed by negative emotions.

But how to keep working when we are not just feeling it? It's possible to find the motivation within ourselves and get things done! Ayelet Fishbach, in her article, lists plenty of tactics to keep going, from how to design goals, to sustaining progresses.

Want to learn more? Click [here!](#)



ELSA Webinars
Academy and
ClickMeeting Tutorials
+
International
Conferences of ELSA
Handbook

coming soon...

Staying Connected

- Hoping that the new years has started good for you all, it is with great excitement that I invite you to the second **S&C Familiarity Meeting** on the **Sunday, 24 January at 20:30 CET**. Access the Call [here](#). Do not forget to bring your favourite drink and, of course, ELSA Spirit!
- I invite you all, both Local and National S&Cers to our Open Call on **Friday, 29 January at 17:00 CET**. We will have the chance to discuss about various important things coming up. I am looking forward to seeing you all! Access the Call [here](#).





SAVE THE DATE*

I'm excited to announce that the **ELSA Delegations February Call** for online and hybrid sessions will open on the **1st of February** - do not forget to mark your calendars!





Contact

Let's Connect



[S&C Team 2020/2021](#)



seminarsconferences@elsa.org



Boulevard Général Jacques 239
Brussels B-1050, Belgium



+32 646 2626



elsa@elsa.org
www.elsa.org

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